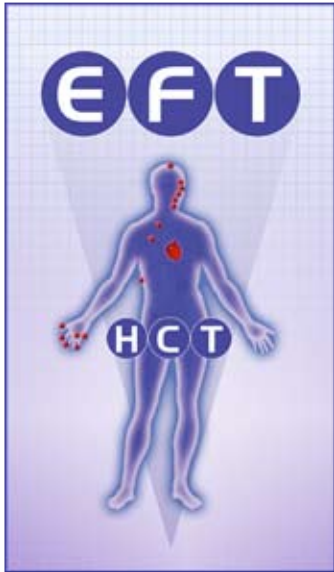


Achieve Personal Coherence

Introduction To Achieve Emotional Freedom



"Emotional Freedom Technique is one of the most powerful and simplest methods ever developed to effectively resolve any emotional issue." - Steve Morris

Introduction to Achieve Emotional Freedom is part of the **Achieve Personal Coherence Series**, a series of training workshops using EFT to release negative emotions that may have become barriers to personal and professional success.

Introduction to Achieve Emotional Freedom teaches the participant the concepts and theory behind the technique and instructs the basic EFT methodology. Internationally accredited practitioner Steve Morris demonstrates how this powerful balancing tool can help reduce stress, dissolve phobias, lessen physical pain and grief, remove self-limiting beliefs and help deal with any kind of emotional problem. The workshop is packed with lots of hands on demonstrations and practical exercises so the participant can experience real results on any issue they choose.

"Fabulous! Easy to understand and easy to use. Highly recommended! Goahead and do it. Steve is great!"



What is Emotional Freedom technique (EFT)?

EFT is a psychological acupressure technique that works by tapping on the energy fields in the body. As with acupuncture, EFT taps into the energy meridians of the body to treat physical and emotional ailments but without using needles or other equipment. EFT is highly effective in treating and eliminating stress and removing self-limiting beliefs. EFT has a high success rate (over 80%) when applied correctly.

"Very engaging. Well done! Enthusiasm and belief in EFT, as well as examples makes the training interesting. Looking forward to EFT Level 2."



Who should attend?

Anyone that wants to learn how to use this powerful new life tool to help themselves or others, such as family, friends or children, deal with a wide variety of emotional issues. Trainers, coaches and educators would find this workshop particularly beneficial to use in their profession as a means of effectively helping those in their care.

"The workshop was wonderful and in fact exceeded expectations. Not only introduced the concept but was really inspiring."



Discover how to:

- Reduce and eliminate stress and anxiety
- Control phobias and fears
- Lessen physical pain and grief
- Enhance personal performance
- Eliminate self doubt
- Help others deal with any of the above

"Great workshop. Steve is a very good teacher- his own story contributes a great deal to the credibility of EFT. Thanks."

Brought to you by



Course Content:

- Introduction to concept and history of technique
- Summary of benefits and treatments
- Video
- Basic EFT methodology
- Practical demonstrations
- EFT self application
- Discussion and questions

In Association with:



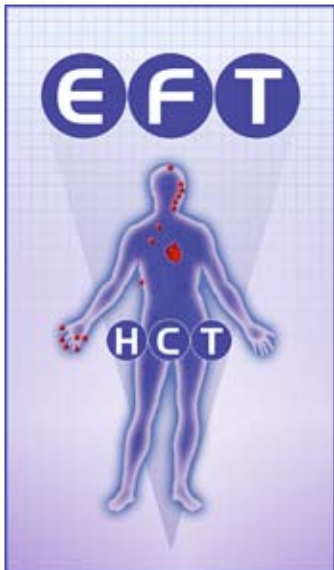
Steve Morris Associates
International Leadership Consultants



For more info on Personal Coherence visit: <http://www.stevemorrisassociates.com/EFT>

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More Information...

Contact: Ms. Ramona Kuckuck
Phone: +65 6538 7228
Fax: +65 6538 1662
Mona@stevemorrisassociates.com



Steve Morris
Head Coach

Course Details...

Title: Introduction To Achieving Emotional Freedom
Date: Please Refer to Online Registration Form
Time: Please Refer to Online Registration Form
Venue: Please Refer to Online Registration Form
Cost: \$30
Certification: Non Applicable
Materials: A comprehensive EFT manual and takeaways are included in the course



Note: All programs may be run in-house and tailored to your organizations needs.

Other workshops in the Achieve Personal Coherence Series include:

*Achieve Emotional Freedom Level 1 • Achieve Emotional Freedom Level 2
Emotional Freedom @ Work • Emotional Freedom for the Thoroughly Modern Executive
Emotional Freedom in the Classroom • Coach Steve's Super Stress Buster
Introduction to HCT • HCT Level 1 • HCT Professional Certification*

About Steve...

Steve Morris is Founder and Head Coach of Steve Morris Associates, a Singapore-based International Leadership Consultancy. He is regarded as one of the world's pre-eminent authorities on leadership in Asia and has provided Leadership and Team Development programs to the top leaders in the world's most renowned organizations.

Steve Morris is an inspirational personal development coach, acclaimed author, and workshop leader. His Glorious Living! and Glorious Leadership! workshops, products and services have helped thousands of people to find their inner self and to develop themselves and others to their fullest potential both professionally and personally. Steve is the author of the Glorious Living! series, the Glorious Leadership! Series and The Boy Who Climbed the Mountain.

Steve is highly respected interview subject for his expertise in holistic personal growth and development. He has appeared as a guest expert in print media, radio, TV and more recently web cast around the globe. In 2005, Steve has hosted his own 10-week radio series, Leadership for Life, on 93.8 Live. He is a weekly print columnist for Today Newspaper as well as presenter of the TV segment Start Your Day Right on Channel News Asia.

For more on Steve and his programs please visit: <http://www.stevemorrisassociates.com>

Course Registration...

Register online... <http://www.stevemorrisassociates.com/EFT>

Or simply fill-in the relevant details and fax this form:

+65- 6538 1662.

Or post the registration together with a cheque to:

LotusBloom (S) Pte Ltd
400 Orchard Road #19-05 Orchard Tower,
Singapore 238875

Please note: your reservation will not be confirmed until we have received payment. We will send confirmation to your e-mail or via post on receiving payment.

Name:	_____
Organization:	_____
Tel:	_____
HP:	_____
Email:	_____
Fax:	_____
Workshop Dates:	_____

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